

PROVEN OUTCOMES

Gateway Academy's commitment to excellence extends to rigorous research, both internally and as part of a broader national study, aimed at evaluating the efficacy of our services.

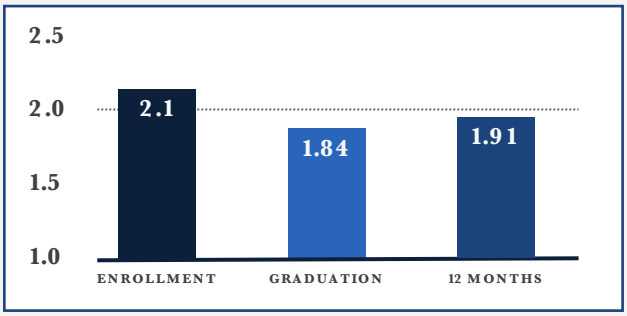
As a part of this commitment, we invite both students and parents to participate in our research efforts by completing questionnaires upon enrollment, graduation, and at 6 and 12 months post-discharge. These questionnaires utilize normed and validated scientific tools to ensure the integrity of the data collected.*

Our findings reveal objective clinically significant improvements experienced by Gateway graduates across a range of areas, as reported by both students and their parents. This feedback not only validates our efforts but also drives us to continually enhance and refine our program to better serve the needs of our students and their families.

FAMILY FUNCTIONING IMPROVES

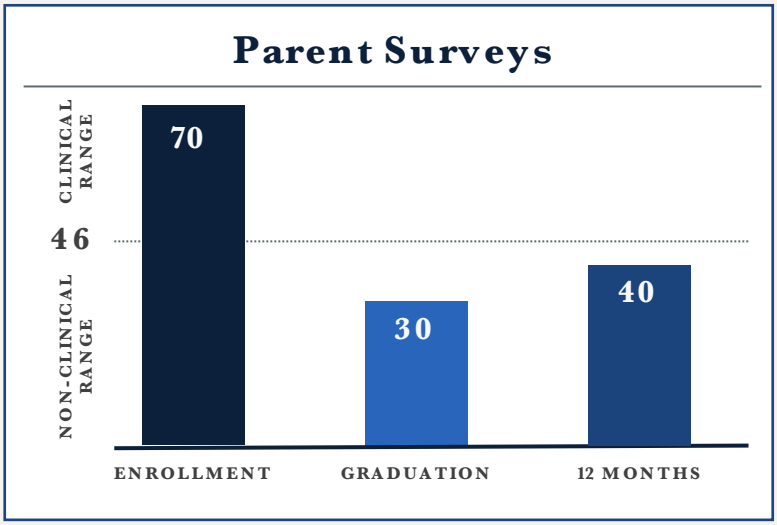
A Family Assessment Device score of 2.00 or above indicates problematic family functioning. The higher the score, the more problematic the family perceives the family's overall functioning.

Gateway Academy's average FAD scores:



MENTAL HEALTH IMPROVES

The Youth Outcome Questionnaire (YOQ2.01) is a well known, reliable scale completed by the parent/guardian and is a measure of treatment progress for adolescents receiving mental health intervention. It is designed to track actual change in functioning and to measure symptoms of distress across a variety of areas. **A score above 46 is considered the clinical range and a decrease in score is an improvement in mental health functioning.**



Upon admission, parents rated students in the moderate clinical range, meaning that they are observed with symptoms that are consistent with others who needed treatment services.

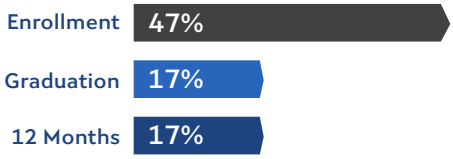
At discharge the students were in the normal range, meaning that they no longer needed treatment services.
At 1 year post discharge they were still in the normal range.

Gateway Academy is a NATSAP Research Designated Program

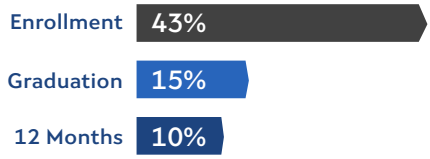
The overall shift in scores on the YOQ2.01 reveal significant clinical improvement for students both during and after their experience at Gateway Academy. Further examination of the individual items on the scales gives a more robust picture of some of the specific gains. Results indicate that the clinically significant improvements noted upon graduation from Gateway Academy are maintained and are consistent 12 months after graduation. Here are some examples of those improvements.

DECREASED ANXIETY AND DEPRESSION

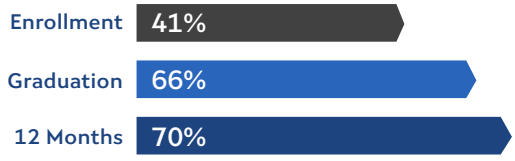
Parents report that their child frequently or always **seems anxious or nervous.**



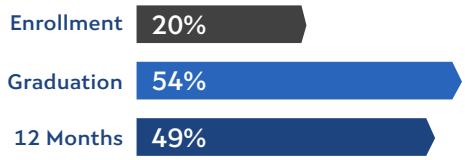
Parents report that their child frequently or always **worries and can't get certain ideas out of their head.**



Parents reported that their child is frequently or always **usually calm.**

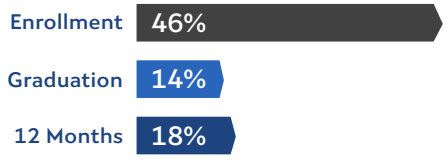


Parents reported that their child frequently or always is **appropriately hopeful an optimistic.**



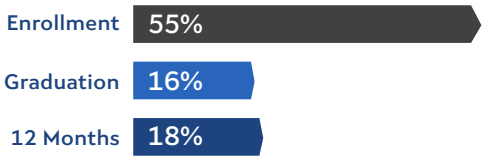
INCREASED COPING SKILLS/ DISTRESS TOLERANCE

Parents reported that their child frequently or always **gets frustrated and gives up, or gets upset easily.**

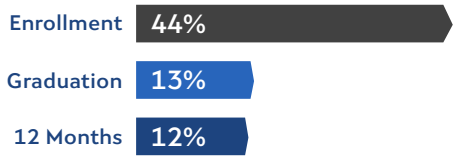


IMPROVED ACADEMIC AND EXECUTIVE FUNCTIONING

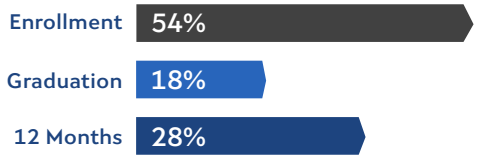
Parents report that their child frequently or always has **difficulty completing assignments or completes them carelessly.**



Parents report that their child frequently or always **has difficulty concentrating or attending to tasks.**

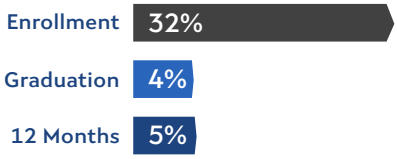


Parents reported their child frequently or always seems **unable to get organized.**



IMPROVED COMMUNICATION

Parents report that their child frequently or always **complains or whines about things being unfair.**



80% of parents report that their child frequently or always communicates in a pleasant and appropriate manner 12-months post discharge.

GATEWAY ACADEMY

* Gary M. Burlingame Ph.D. and Michael J. Lambert, Ph.D.

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